# VASSALBORO RECREATION COMMITTEE BASEBALL and SOFTBALL CLINICS FOR ALL VASSALBORO STUDENTS IN GRADES 1st -6th (7th) AGES 6-12.

Must be 12 before May 1, 2016 in order to participate for baseball and 12 before January 1, 2016 for softball.

Must Sign up for Vassalboro Rec Baseball or Softball in order to participate.

Sign up forms will be available during the clinics.

Please bring your ball gloves, bats, batting helmets (if you have one) and batting gloves (if you have them.)

Please wear sneakers (no cleats) and comfortable and appropriate athletic clothing.

Due to safety reasons, practices will be closed to parents/spectators.

Parents/spectators are more than welcome to wait in the lobby or cafeteria if it is available. This is for your safety.







## **BASEBALL CLINICS in the VCS GYM-Wednesdays**

We will hold indoor clinics/practices until the fields are ready.

Boys in Grades 1-3 from 5:00-6:30 pm

Boys in Grades 4-6 from 6:30-8:00 pm

#### MARCH

16

23

30

## **SOFTBALL CLINICS in the VCS GYM-Thursdays**

We will hold indoor clinics/practices until the fields are ready.

Girls in Grades 1-3 from 5:00-6:30 pm

Girls in Grades 4-6 from 6:30-8:00 pm

### **MARCH**

17

24

31

Teams will be selected by March 31<sup>st</sup>. It is important that players attend the clinics for proper team placement. Once teams are selected, we will schedule practice times in the gym if we are still indoors or outside on the fields.





